

Winona Park & Recreation

ENHANCING COMMUNITY THROUGH
PEOPLE, PARKS, AND PROGRAMS

2011 FALL GUIDE

SCHOLARSHIPS

Scholarships are available to remove a financial barrier you may be facing. Upon completion of the scholarship request form and submittal of a 2010 tax return, you will be informed of your qualification category. We follow the free and reduced lunch income guidelines to determine need. This scholarship program is made possible through collaboration with Winona County and through funds raised at the Annual Goose Bump Jump.

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YOUTH FLAG FOOTBALL BOYS AND GIRLS

First and Second Grade 2539	Third and Fourth Grade 2540	For the first two program meeting times, participants will meet at 3:15 p.m. to participate in skill evaluation for team placement.
Mondays	Wednesdays	On the second program meeting time, schedules, t-shirts, and team assignments will be handed out.
Games & practices between 3:15 and 5:15 p.m.	Games & practices between 3:15 and 5:15 p.m.	
Occasional Saturdays Gabrych Park	Occasional Saturdays Gabrych Park	
9/12/11 to 11/14/11 \$28 / \$39	9/14/11 to 11/16/11 \$28 / \$39	

CAKE & CUPCAKE DECORATING

Fun and easy cake/cupcake decorating! This course will cover the basics of assembling a cake, making and playing with fondant, simple piping styles, and decorating tips and techniques. You will be given the opportunity to use your imagination to create beautiful cakes/cupcakes, as well as learn ideas for inexpensive alternatives that anyone can use at home.



East Recreation Center, \$15 / \$26

2541 September 20 4:30-6:00p.m.

2542 November 15 4:30-6:00p.m.

2543 December 20 4:30-6:00p.m.



SNOWSHOE MAKING WORKSHOPS

Learn the skills and supplies it takes to create a pair of cost effective snowshoes, as well as how to successfully use them! Through demonstration and hands on work, you will leave this workshop not only with a pair of your own snowshoes, but with the know-how and ability to make more!

Lake Lodge Recreation Center, \$35 / \$46

2544 November 7 & 8 6:00-8:00p.m.

2545 November 14 & 15 6:00-8:00p.m.

2546 November 21 & 22 6:00-8:00p.m.

2547 December 5 & 6 6:00-8:00p.m.

2548 December 12 & 13 6:00-8:00p.m.



Recreation Centers

EAST RECREATION CENTER

Monday—Friday
3:00 p.m. to 8:00 p.m.

Saturday
1:00 p.m. to 6:00 p.m.

Sunday—Closed

Come and visit Winona’s very own drop in recreation center. We are located at 210 Zumbro St. and we love to meet new friends! Play table tennis, pool, shoot hoops or use your imagination with our puppets and dress-up clothes. Participate in games of basketball or volleyball in our full sized gym, or simply come to relax with a good book. Whatever the reason, we want to have you around.

There is no charge for this service. **FREE**



SKATE PARK

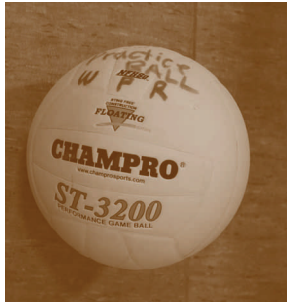
The 4.8 Skate Park will be open daily, closing at 9:00 p.m. We anticipate keeping the park open until the snow flies.

Skaters and bikers of all ages are welcome. Located next to the East Recreation Center, with bathrooms and water access.

Have some fun, try it out! **FREE**



OPEN VOLLEYBALL



Due to the overwhelming and positive response to Open Volleyball, we’re bringing it back again this Fall!

Monday and Thursday nights from 8:00 – 10:00 p.m. we will open our doors, put up our nets, and invite you to come and play! All are welcome to join!

Held at the East Recreation Center. Beginning September 12th.

PRESCHOOL OPEN GYM

Tuesdays and Thursdays
9:00 to 11:00 a.m.
East Recreation Center

Beginning September 6th the East Recreation Center will be open for serious play time. Bring a group or just your family. Toys provided. **FREE**



LAKE LODGE RECREATION CENTER

Monday through Friday, 3:00 p.m. to 7:00 p.m.

Saturday & Sunday, 1:00 p.m. to 6:00 p.m.

Hours Beginning September 3, 2011!

Games, Puzzles, A Piano, Table Tennis, Bocce Ball, Nature, Canoes, Kayaks, Bikes, Stand Up Paddle Boards, Games, & Wireless Internet Access. **ALL FREE!**



Recreation Centers

SENIOR FRIENDSHIP CENTER

A Nationally Accredited Senior Center.

Join the Friendship Center in September to honor Senior Center month.

It Happens at My Senior Center. My Life. My Time. My Way.



The Friendship Center is open Monday – Friday, 7:30 a.m.—4:00 p.m.. The programs and activities are too numerous to list; however, the theme of the National Council on Aging Senior Center month is without a doubt the definition of the Center. It is happening at **my** center. It is about **life** and **time** and certainly is done the **way** the members have envisioned it. Stop in sometime to tour and learn more about the Friendship Center.



ACTIVE WELLNESS CENTER

Register at the Senior Friendship Center. Fees are prorated quarterly so don't wait for the new year. Access to personal training, knowledgeable staff, and volunteers is provided through a partnership with Winona State University, Exercise Science Department.



For more information, give the center a call at 507-454-5212.

Monday through Friday, 7:30 a.m.—4:00 p.m.

Resident: \$40 per year

Non-Resident: \$50 per year

[Sign Up Now!](#)

ICE RINKS

When the air starts feeling colder and precipitation turns to a solid...
it is time for ice skating!

Rinks Include:

**Lake Lodge Recreation Center, Tillman Lodge, Valley Oaks and
The Bud King outdoor rink with hockey boards**



Special Events

NATIONAL NIGHT OUT, ANNUAL PLAY DAY, AND SKATE BOARD COMPETITION!

THURSDAY, AUGUST 25, 4:00 P.M. – 7:00 P.M., EAST RECREATION CENTER

Bungee Running
 Inflatable
 Skate Comp
 3 on 3 Tourney
 Face Painting
 Funky Hair-do's
 Gummy Worm Hunt
 Piñatas
 Photo Booth
 Water Balloon Fun
 Walking Tacos
 Snow Cones
 Capture the Flag
 Music and more...



SKATE BOARD COMPETITION

Advanced Riders: \$10 Registration Fee with Cash Pay-Out
 Beginner Riders and Intermediate Riders: Free
 Best Trick Winners—Prize Packages
 Helmets Required. Under 18 guardian must sign waiver.
 Beginner and Intermediate Winners: Prize Packages

3:15 p.m. Registration and Warm –Up
 4:00 p.m. Briefing
 4:15 p.m. Preliminary Heat Starts—Beginners
 4:30 p.m. Preliminary Heat Starts—Intermediate
 4:45 p.m. Preliminary Heat Starts—Advanced
 5:00 p.m. Open Skate and Score Tally
 5:15 p.m. Ollie Contest
 5:30 p.m. Bunny Hop Contest
 5:45 p.m. BMX Demo for Viewing Pleasure
 6:00 p.m. Final Heats Begin
 6:30 p.m. Best Trick Contest
 6:45 p.m. Awards

PADDLE FOR LIFE OCTOBER 9TH, 1:00 P.M. LAKE LODGE RECREATION CENTER

FREE Paddling for Everyone!

October 9th, 1-4 :00 p.m.

Have you ever paddled in a canoe with 8 or 10 other people?

A catamaran style canoe, inspired by Olympic Canoe Coach David Train.

Everything is there for you; paddles, jackets, safety.

A time to enjoy the beautiful place we live, work, and play from Lake Winona.

Snacks, games, races, and fun for everyone.

You can also schedule a private appointment today for your group, family, or organization. 507-457-8258



GOOSE BUMP JUMP



Saturday, February 18th

Noon

Lake Lodge

\$15 per jumper

Event information will be updated on our website at

www.cityofwinona-mn.com

Adult League & Facility Rentals

ABOUT OUR EMPLOYEES

We are fortunate to work with, and be able to provide our services with professional, respectful, loyal, part-time employees. We have employees who have been with us for over 20 years and employees who spend their high school and college career sharing their energy, ideas, and motivation with us. They work hard and accept the challenges they face and turn them into opportunities to change and seek *more* challenge. They pay attention to the entire person in customers, participants, and in each other by acknowledging there is much more to something like baseball than learning how to hit a ball; they understand and demonstrate friendship, patience, and communication. We are thankful for their dedication to serving our community through recreation.



ACCESS TO RECREATION



The Winona Park & Recreation Department welcomes all abilities to participate in our youth and adult programming; which may include but not limited to physical, cognitive, social, emotional, developmental, or age related needs. If you or someone you know would like to take advantage of our programming and need assistance, please call us. We will complete a participant profile to best determine the assistance needed. As a CTRS: Certified Therapeutic Recreation Specialist, I will work with you and the Winona Park & Recreation staff to ensure success. We want all participant's needs met and exceeded. We look forward to sharing our time with you.

~Kirsten Hefte, Recreation Coordinator, CTRS

ADULT LEAGUE PROGRAMMING

To find out more information regarding our adult leagues, contact our main office. 507-457-8258

Softball: Men, Church, Women, & Co-Recreational - Registration begins in February.

Volleyball: Co-Recreational - Registration begins in July.

Volleyball: Men and Women - Registration begins in October.

Kickball: Co-Recreational - Registration begins in July.

Basketball: Men - Registration begins in September.



FACILITY RENTALS

Lodges: Holzinger & Valley Oaks. **Open Air Shelters:** Jaycee, Lions, Kiwanis, Latsch and Hiawatha Valley Marines. **Buildings:** East Recreation Center, Lake Lodge Recreation Center, Senior Friendship Center, Historic Masonic Theatre **Other Great Spaces:** Bandshell, Levee Park Patio, Windom Park Gazebo, Rose Garden Gazebo, Unity Park and Ball Fields.

Get the perfect location for your event! We have seen satisfied customers use our facilities for graduations, family reunions, company picnics, holiday gatherings, organizational meetings, retreats, weddings, tournaments and more. We have the space you need.

COMING THIS WINTER & SPRING

Lake Lodge Ice Rink

Lifeguard Training

Youth Basketball Camp

Water Safety Instructor Training

Summer Employment Applications

Adult Volleyball, Basketball, and Softball

Winona Earth Day: April 21, 2012



Department Information

WINONA PARK & RECREATION DEPARTMENT
207 LAFAYETTE ST.
WINONA, MN 55987
CITYOFWINONA-MN.COM
507-457-8258

PICTURES SAY A THOUSAND WORDS

We love to tell our stories, and we often do it through pictures. If you would prefer that we do not photograph you or your child(ren) during a program, please notify us at the time of registration.

CANCELLING A PROGRAM

Program Cancellation Policy: In the unfortunate case a program cancellation needs to be made, we ask that you cancel 5 working days prior to the start of the program in order to receive a full refund.

C O N T A C T U S

Administrative Office	507-457-8258
Cancellation Line	507-457-8220
Senior Friendship Center	507-454-5212
East Recreation Center	507-453-1633
Lake Lodge Recreation Center	507-453-1955



ENHANCING COMMUNITY THROUGH PEOPLE, PARKS, AND PROGRAMS

PARTNERS IN OUR MISSION

The Winona Park & Recreation Department has an extensive list of organizations, businesses, groups, and education institutions which we collaborate with. We know we are stronger, because we have so many wonderful partners to work with in our community throughout the year. We appreciate every relationship we have and thank you all.

FIND A LOCATION

Winona Park & Recreation Office

City Hall, Room 105
207 Lafayette St.
507-457-8258

East Recreation Center

210 Zumbro St.
507-453-1633

Senior Friendship Center

251 Main St.
507-454-5212

Lake Lodge Recreation Center

113 Lake Park Drive
(Foot of Main Street)
507-453-1955