

Learn to Swim Program

Learn To Swim - Regular Sessions - Bob Welch Aquatic Center

Class limit will be 10 participants. Classes will run for two weeks Monday - Thursday with Friday used as a make-up day. All the classes will be held at the Aquatic Center.

Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of each session
 Early Bird: \$20/\$30
 Regular: \$28/\$38

Session 1: June 21 - July 1
 Session 2: July 5 - July 15
 Session 3: July 19 - July 29
 Session 4: August 2 - August 12

IPAP - Infant Preschool And Parent

	Session 1	Session 2	Session 3	Session 4
10:00 - 10:40	1065	1068	1071	1074
10:45 - 11:25	1066	1069	1072	1075
7:30 - 8:10	1067	1070	1073	1076

Level One - Water Exploration

	Session 1	Session 2	Session 3	Session 4
10:00 - 10:40	1077	1080	1083	1086
10:45 - 11:25	1078	1081	1084	1087
7:30 - 8:10	1079	1082	1085	1088

Level Two - Primary Skills

	Session 1	Session 2	Session 3	Session 4
10:00 - 10:40	1089	1092	1095	1098
10:45 - 11:25	1090	1093	1096	1099
7:30 - 8:10	1091	1094	1097	1100

Level Three - Stroke Readiness

	Session 1	Session 2	Session 3	Session 4
10:00 - 10:40	1101	1104	1107	1110
10:45 - 11:25	1102	1105	1108	1112
7:30 - 8:10	1103	1106	1109	1113

Level Four/Five-Stroke Development & Stroke Refinement

	Session 1	Session 2	Session 3	Session 4
10:00 - 10:40	1114	1116	1117	1119
7:30 - 8:10	1115		1118	

Level Six/Seven-Skill Proficiency & Advanced Skills

	Session 1	Session 2	Session 3	Session 4
10:45 - 11:25	1120	1121	1123	1124
7:30 - 8:10		1122		1125

Learn to Swim - Semi Private Sessions - Bob Welch Aquatic Center

Class limit will be 5 participants. Classes will run for one week Monday - Thursday with Friday used as a make-up day. All levels offered. Classes will meet from 10:45 - 11:15 a.m. at the Aquatic Center.

Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of each session
 Early Bird: \$28/\$38
 Regular: \$36/\$46

Session 1: June 14 - June 17
 Session 2: August 16 - August 19

Level IPAP - Infant Preschool And Parent

	Session 1	Session 2
10:45 - 11:15	1053	1054

Level One - Water Exploration

	Session 1	Session 2
10:45 - 11:15	1055	1056

Level Three - Stroke Readiness

	Session 1	Session 2
10:45 - 11:15	1059	1060

Level Two - Primary Skills

	Session 1	Session 2
10:45 - 11:15	1057	1058

Level Four/Five - Stroke Development & Refinement

	Session 1	Session 2
10:45 - 11:15	1061	1062

Level Six / Seven - Skill Proficiency & Advanced Skills

	Session 1	Session 2
10:45 - 11:15	1063	1064

Guard Start

A junior lifeguard program for future lifeguards. This program will enhance their aquatic skills and help make the Lifeguard Certification course a 'day at the beach'. Fridays will be used as a make-up day.

Ages: 13 - 15
 Monday - Thursday
 7:30 - 8:10 p.m.
 Bob Welch Aquatic Center
 Early Bird: \$32/\$42
 Regular: \$40/\$50
 Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of the session

Session One: June 21 - July 1 Code - **1049**
 Session Two: July 5 - July 15 Code - **1050**

Junior WSI

This class will build a strong foundation for future lifeguards interested in teaching swimming lessons. Fridays will be used as a make-up day.

Ages: 13 - 15
 7:30 - 8:10 p.m.
 Monday - Thursday
 Bob Welch Aquatic Center
 Early Bird: \$32/\$42
 Regular: \$40/\$50
 Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of the session

Session One: July 19 - July 29 Code - **1051**
 Session Two: August 2 - August 12 Code - **1052**

Lifeguard Training - 1045

Participants who successfully complete the course will be a Red Cross certified Lifeguard. Completion requirements include a score of 80% on a written test, completing skills test for CPR for the Professional Rescuer and Lifeguarding. Prerequisites are: 15 years of age by last day of class, swim 500 yards, and retrieve a 10 pound brick from 7 feet of water.

Age: 15 & up
 August 23 - August 26
 4:00 p.m. - 8:00 p.m.
 August 28
 8:00 a.m. - 4:00 p.m.
 Bob Welch Aquatic Center
 \$155.00
 Registration Begins: April 12, 2004
 Registration Ends: August 16, 2004