

Recreation Without Barriers

Adaptive Recreation -

In coordination with Project Compass, Winona Park Recreation will be offering activities open to anyone 11 years of age and older with varying abilities. Register through Project Compass 4194-0900, Rain Location designated for each activity.

Hook Line & Sinker

Visitors Center Fishing Pier
Rain Location: Lake Lodge
6:30 - 7:45 p.m.
Thursday, May 20

Kickball, Frisbee Golf & Rootbeer Floats

Lions Shelter, East Lake
Rain Location: East Recreation Center
6:30 - 7:45 p.m.
Wednesday, August 4

Kickball, Frisbee Golf, & Rootbeer Floats

Lions Shelter, East Lake
Rain Location: East Recreation Center
6:30 - 7:45 p.m.
Thursday, May 27

Hook Line & Sinker

Visitors Center Fishing Pier
Rain Location: Lake Lodge
6:30 - 7:45 p.m.
Wednesday, August 11

Picnic & Games

Lions Shelter, East Lake
Rain Location: East Recreation Center
6:00 - 7:30 p.m.
Wednesday, June 23

Picnic & Games

Lions Shelter, East Lake
Rain Location: East Recreation Center
6:30 - 7:45 p.m.
Wednesday, August 25

Pre-School Crafts & Story Hour

Preschoolers will participate in theme activity days. Energetic, fun and enthusiastic program leaders will lead the group in stories and crafts. The fun lasts for an hour and parents are welcome to join.

Ages: 3 - 5 years

Tuesdays

June 15 - August 10, 2004

Session 1: 9:00 - 10:00 a.m. - **1026**

Session 2: 10:15 - 11:15 a.m. - **1027**

East Recreation Center

Early Bird: \$17/\$27

Regular: \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: June 8, 2004

Steamboat Days Kiddie Parade

Theme: FOOD!

Make yourself into your favorite entree, dessert, snack or vegetable! Pick up your registration form at the Park Recreation office or on-line at the City of Winona's website. Two grand prize winners will have the honor of participating in the Grand Parade on Sunday! Line up at 9:15, Parade at 10:00. Broadcast live on HBC.

Ages: All ages welcome

Friday, June 18

9:00 - 11:00 am

Bandshell

This event is FREE!

Registration Forms Due: June 16, 2004

Youth Volleyball Instructional League - 1159

Sessions will include instruction through drills and activities, and games. College players, varsity players, and coaches will join the group to offer instruction and motivation, and offer the participants a chance to meet and interact with those who are dedicated and involved in the sport. Players will develop foundational skills, enhance playing ability and increase knowledge of the game.

Grades: 6-8

Mondays

June 14 - July 19, 2004

7:00 - 8:30 p.m.

East Recreation Center

Early Bird: \$17/\$27

Regular: \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: June 7, 2004

Girls Night - 1024

Is everything changing around you? Your appearance, the way you feel, the things you like and don't like? Lots of girls your age feel the very same way. That is why we have Girls Night, to help you survive all of the changes within and around you. Topics will include friends, stress and relaxation, team building, career options, making smart choices, nutrition and more! Come and take part in the program's second year!

Grades: 6 - 8

Wednesdays

June 16 - August 11

6:00 - 8:00 pm

Holzinger Lodge

Early Bird: \$17/\$27

Regular: \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: June 9, 2004

Adventure Camp

Adventure Camp will have 'topic' weeks. Participants can choose an adventure week they are interested in. Camps will be lead by enthusiastic and experienced program leaders. Give a young mind the opportunity to learn the value and importance of life long recreation.

11:00 - 3:00 p.m.
 Holzinger Lodge, Aquatic Center, Lake Park Lodge, Off-Site
 Early Bird: \$30/\$40
 Regular: \$38/\$48
 Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of each session

<u>Adventure Camp - Grades 3 - 5</u>	<u>Monday - Friday</u>	<u>Code</u>
Horse Care & Basic Riding Skills	June 14 - 18	1129
Kayak, Canoe, and Water Safety	July 19 - July 23	1130
Fishing techniques	July 26 - 30	1131
Orienteering and Rock Climbing	August 2 - 6	1132
<u>Adventure Camp - Grade 6 - 8</u>		
Fishing techniques	June 21 - 25	1133
Horse Care & Basic Riding Skills	June 28 - July 2	1134
Orienteering and Rock Climbing	July 5 - 9	1135
Kayak, Canoe, and Water Safety	July 12 - 16	1136

EZ Activity Camps

EZ Activity Camp provides age-appropriate activities designed to enhance the participant's social and recreational experiences. Activities include: games, theme-based activities, and the opportunity to make lots of new friends. Energized leaders will entertain the participants through the week long program.

Grades: K - 2
 12:00 - 4:00 p.m.
 East Recreation Center
 Early Bird: \$17/\$27
 Regular: \$25/\$35
 Registration Begins: April 12, 2004
 Registration Ends: 5 days prior to the start of each session

	<u>Monday - Friday</u>	<u>Code</u>
Languages and Local Culture	June 14 - 18	1037
Discovering the River and the Land	June 21 - 25	1038
Creatures that Live in your Neighborhood	June 28 - July 2	1039
Discovering the River and the Land	July 5 - 9	1040
Introduction to Organized Sports and Group Games	July 12 - 16	1041
Languages and Local Culture	July 19 - 23	1042
Creatures that Live in your Neighborhood	July 26 - 30	1043
Introduction to Organized Sports and Group Games	August 2 - 6	1044

Bus Trips

Eagle Bluff Environmental Learning Center - 1032
 Ropes Course and Environmental Learning: Participants will be rewarded with a sense of accomplishment! This is a unique experience for all learners.
 Ages: 10 - 15
 Friday, June 25
 8:00 a.m. - 5:00 p.m.
 East Recreation Center
 Early Bird: \$31/\$41
 Regular: \$39/\$49
 Registration Begins: April 12, 2004
 Registration Ends: June 18, 2004

Valleyfair - 1033
 There is something here for everyone! G-forces and heart-pounding pleasures are all waiting. A water park, rollercoasters, plus entertainment and games. Ride in comfort to and from Valleyfair in a Minnesota City Bus Company Coach.
 Ages: All ages (6 & under with and adult)
 Friday, July 9
 8:00 a.m. - 9:00 p.m.
 East Recreation Center
 Early Bird: \$37/\$47
 Regular: \$45/\$55
 Registration Begins: April 12, 2004
 Registration Ends: July 2, 2004

Noah's Ark / Wisconsin Dells - 1034
 Jump on the bus to America's largest waterpark. There are 34 adventurous waterslides, two wave pools, and for those looking to relax. . . the lazy river awaits! Catch a ride in comfort on an air conditioned coach bus.
 Ages: All ages (6 & under with and adult)
 Friday, July 23
 8:00 a.m. - 7:00 p.m.
 East Recreation Center
 Early Bird: \$35/\$45
 Regular: \$43/\$53
 Registration Begins: April 12, 2004
 Registration Ends: July 16, 2004

Children's Theatre - Old Log Theater
Mark Twain's Rollicking Adventure Story - 1036
 This winning adventure tale is a great way to introduce youngsters of all ages to the magic and fun of live theater - complete with music, colorful costumes, a marvelous setting and professional actors. Ride in comfort and class in a Minnesota Bus Company Coach!
 Ages: All ages (6 & under with and adult)
 Friday, August 6
 9:00 a.m. - 6:00 p.m.
 East Recreation Center
 Early Bird: \$30/\$40
 Regular: \$38/\$48
 Registration Begins: April 12, 2004
 Registration Ends: July 30, 2004

Baseball / Softball

K & 1st grade will be co-rec. The 2nd grade group will be for boys. Girls in grades 2-5 interested in playing softball are encouraged to continue with the Sparkler program. You may contact Lori O'Brien for more information (507-689-4413).

Co-Rec Baseball/Softball

LEAGUE	GRADE	DAY	FORMAT	LOCATION	CODE
T-Ball	Kindergarten*	T Evening	Tee is used	Lions #1(St. Charles St. & River)	1126
Waist High	Grade 1*	TH Evening	Coach pitches	Lions #1(St. Charles St. & River)	1127

Baseball

LEAGUE	GRADE	DAY	FORMAT	LOCATION	CODE
Squirt	2nd*	T&TH	Coach/Player pitch	Lions #2(St. Charles St. & River)	1128

* Participants must be entering the grade level listed above for the Fall of 2004.

Team Assignments

The number of teams depends on how many participants we have registered by the deadline. We will try not to place more than 15 players on a team. When all teams are filled, no additional registrations will be taken. We will not use the ride share program this summer.

Times: Approx. 5:30 - 8:15 p.m.

Dates: Week of June 14 - Week of August 16

Cost: Early Bird \$17/\$27

Regular \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: June 4, 2004

League Minimum: 48

League Max: Unlimited

Twins Trip - 1035

Minnesota Twins vs. Anaheim Angels

Join us as cheer on the 2003 AL Central Champions! The Twins will play host to the Anaheim Angels as part of "Park Recreation Day." We will leave from the East End Recreation Center at 8:00 a.m. and return between 6:30 - 7:30 p.m. (3 1/2 hours after the game ends.)

Ages: Grades K - 5 - parents join us!

Date: August 5, 2004

Cost: \$17.00 per person

*Includes lower deck general admission ticket and transportation

Registration Ends: July 29, 2004

Youth Golf

Held at the Westfield Golf Course, this program is for the golfer looking to learn the basics or improve their game. Coaches will work with the same group of 8 participants throughout the course of the program, one day a week from 8:00 - 10:00 a.m.

Grades: 5 - 10

Session One: Mondays Code - **1030**

Session Two: Wednesdays Code - **1031**

June 14 - August 11, 2004

8:00 - 10:00 a.m.

Westfield Golf Course (Driving Range)

Early Bird: \$17/\$27

Regular: \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: 5 days prior to the start of each session

Disc Golf & Ultimate Frisbee

Participants will learn the basics of both sports, and continue to develop skills focusing around the flying disc.

Grades: 4 - 6 Code - **1028**

Grades: 7 - 9 Code - **1029**

Monday & Wednesday

June 14 - August 11, 2004

4:00 - 6:00 p.m.

Fireman's Shelter (East Lake)

Early Bird: \$17/\$27

Regular: \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: June 7, 2004

Programming Change!

Hershey's Track & Field - 1025

The Hershey track program is run by local Park Recreation Departments across the United States. Participants in the program practice a wide variety of events in preparation for the district meet. Participants have a chance to compete in state and national meets as well, based on their performance at the meets. The program is designed for youth ages 9-14. Depending on the number of participants, we will sponsor a bus to the District Meet which will be held June 19, 2004 in Owatonna. If participants qualify they will advance to the State Meet July 10, 2004 in Owatonna.

Ages: 9-14

June 8 - July 29

Tuesdays and Thursdays

8:30 - 10:00 a.m.

Winona Senior High Track

Early Bird \$17/\$27

Regular \$25/\$35

Registration Begins: April 12, 2004

Registration Ends: May 31, 2004

Class Min: 12

Time Change!



Youth Tennis Lessons:

1. Cost for all balls is included in the registration fees and will be furnished by the Park Recreation Department.
2. All classes will meet Monday - Thursday; Fridays will be reserved for rain make-up dates. Listen to the local radio stations for cancellations and rescheduled dates.
3. Equipment needed: Please wear tennis shoes. A tennis racket is needed, and we suggest a water bottle.
4. Make-up classes will not be held on the 4th of July holiday.

Class Assignments:

Please check the 2003 class assignment list prior to registering to make sure you are in the correct class. This list will be available during business hours at the Park Recreation Office. Any participants not on the list, beyond the beginner's level must see Pat Sherman or call her prior to registering for class assignments. Pat can be reached at 452-3287.

Registration Begins: April 12, 2004

Registration Ends: 5 working days prior to the start of the class

Class Minimum: 4 students

Class Max: 10 & 12 depending on level

Park Recreation Junior Tennis Tournament

July 9, 10 & 11, 2004

Tournament Registration Deadline is
July 1, 2004 at 1:00 p.m.

Youth Tennis - Ages 6 & up	Date	Times	Location	Early	Regular	Code	Instructor
Beginner 6 - 10 - #1	June 7 - June 25	9 - 10 a.m.	WSH	\$27/37	\$35/\$45	1137	Staff
Beginner 6 - 10 - #2	June 7 - June 25	10 - 11 a.m.	Bandshell	\$27/37	\$35/\$45	1138	Staff
Beginner 6 - 10 - #3	June 7 - June 25	11 - 12 noon	Bandshell	\$27/37	\$35/\$45	1139	Staff
Beginner 6 - 10 - #4	June 28 - July 16	9 - 10 a.m.	Bandshell	\$27/37	\$35/\$45	1140	Staff
Beginner 6 - 10 - #5	July 19 - Aug 6	4 - 5 p.m.	Bandshell	\$27/37	\$35/\$45	1141	Sherman
Beginner 6 - 10 - #6	July 19 - Aug 6	5 - 6 p.m.	Bandshell	\$27/37	\$35/\$45	1142	Sherman
Beginners 11-18 - #7	July 5 - July 30	10 - 11 a.m.	WSH	\$32/\$42	\$40/\$50	1143	Staff
Advanced Beginner 6 - 11 - #8	June 7 - June 25	9 - 10 a.m.	Bandshell	\$27/\$37	\$35/\$45	1144	Staff
Advanced Beginner 6 - 11 - #9	June 28 - July 16	9 - 10 a.m.	WSH	\$27/37	\$35/\$45	1145	Staff
Advanced Beginner 6 - 11 - #10	June 28 - July 16	10 - 11 a.m.	Bandshell	\$27/37	\$35/\$45	1146	Staff
Advanced Beginner 6 - 11 - #11	July 19 - Aug 5	6 - 7 p.m.	Bandshell	\$27/37	\$35/\$45	1147	Sherman
Intermediate - #12	June 7 - July 2	10 - 11 a.m.	WSH	\$32/\$42	\$40/\$50	1148	Staff
Intermediate - #13	June 28 - July 23	11 - 12 noon	Bandshell	\$32/\$42	\$40/\$50	1149	Staff
Intermediate - #14	July 5 - July 30	12 - 1 p.m.	Bandshell	\$32/\$42	\$40/\$50	1150	Staff
Advanced Intermediate - #15	June 7 - July 2	12 - 1 p.m.	Bandshell	\$32/\$42	\$40/\$50	1151	Staff
Advanced 1 - #16	June 7 - July 16	11 - 12 p.m.	WSH	\$42/\$52	\$50/\$60	1152	Staff
Advanced 1 - #17	June 7 - July 16	1 - 2 p.m.	Bandshell	\$42/\$52	\$50/\$60	1153	Staff
Advanced 2 - #18	June 7 - July 16	12 - 1:30 p.m.	WSH	\$47/\$57	\$55/\$65	1154	Staff
Advanced 2 - #19	June 7 - July 16	4 - 5:30 p.m.	Bandshell	\$47/\$57	\$55/\$65	1155	Sherman
Advanced 3, 4, & 5 - #20	June 7 - July 16	5:30 - 7 p.m.	Bandshell	\$47/\$57	\$55/\$65	1156	Sherman
Junior Tennis Tournament							
Junior Tournament	July 9,10,11	All day	Bandshell	\$10/10		1162	
Adult Tennis Lessons							
Beginners	June 7 - June 30	7 - 8:30 p.m.	Bandshell	\$35/\$45	\$35/\$45	1157	Sherman
Intermediate & Advanced	June 8 - July 1	7 - 8:30 p.m.	Bandshell	\$35/\$45	\$35/\$45	1158	Sherman

Class Descriptions

Beginners

This session emphasizes the development of basic strokes and mini-tennis play for players ages 6 - 10. The class for 11-18 year olds will emphasize the development of basic strokes, scoring, singles game play and singles tournament play.

Advanced Beginners

This session will emphasize the development of basic strokes, scoring, singles game play, and singles tournament play. This level of lessons is designated for players under 12 who have completed the Beginners class for 6 - 10 year olds or previous experience.

Intermediates

This session emphasizes the continued development of the basic strokes, singles strategy, and singles game and tournament play. This level of lessons is designed for those who have done well in Beginners and/or Adv. Beginners. This session is also for those who have good form and are ready for full court game play.

Advanced Intermediates

This session emphasizes the continued development of all strokes, singles and doubles strategy, and singles and doubles game and tournament play. This is for players who have good form and have done well in Intermediates. This session is also for those who would like to continue their development of singles game play and begin to develop doubles play.

Advanced 1 - 5

Our Advanced sessions will emphasize the continued development of all strokes, singles and doubles strategy and game play and tournament play. These advanced lessons will prepare the tennis player for recreational, middle school, senior high and collegiate competition.

Adult Tennis Lessons

The Adult tennis lessons emphasize the development and continual development of the basic strokes and strategies for singles and doubles game play. Special emphasis will be placed on doubles play.

Beginners:

June 7 - June 30, 2004

Days: Mon. & Wed.

Time: 7:00 - 8:30 p.m.

Intermed. & Advance

June 8 - July 1, 2004

Days: Tues. & Thurs.

Time: 7:00 - 8:30 p.m.

Location: Lake Park Bandshell

Cost: \$35 resident; \$45 Non-resident

Class Limit: 12 participants

Registration Begins: April 12, 2004

Registration Ends: 5 days prior to start of the program